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# The Memory Map

Canton Alliance Massillon Computer Users Group



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## The Internet Is My Cookbook

### Searching for Recipes

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**Sun City Summerlin Computer Club**

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An oft-spoken motto around Casa de Burt is “Fight Boring Food.” Most nights we stay home and cook, as this gives better portion and ingredient control. We enjoy ethnic food – especially Indian and Thai, though our repertoire includes all cuisines. Another challenge is coming up with recipes that work well for two. Often, we plan for a second meal as a way to get double duty from the original preparation.

As part of the menu planning process, we sit down mid-week, after the supermarket flyers have arrived, along with an inventory of what’s in the freezer and refrigerator. We then figure out the dinner plan for the following week. Each dinner typically includes a protein, a starch and a vegetable or salad and some fruit. Once we have a general plan, the challenge is to decide how a given meal will be cooked. The goal is to have lots of variety while keeping cost and effort low.

For example, we might decide to have chicken one evening. Will it be boneless-skinless breasts or thighs or a whole roast chicken or do we boil a chicken to make soup or we do cut up the chicken and do it oven fried or perhaps a pan fricassee? Another night it might be beef - steak, pot roast, braised brisket, fajitas, carne asada, roast prime rib, sweet and sour? And so on. The choice of prep for the protein in turn drives the choice of starch – rice, potatoes, egg noodles, pasta, bread and so on – as well as the choice of veggies or salad.

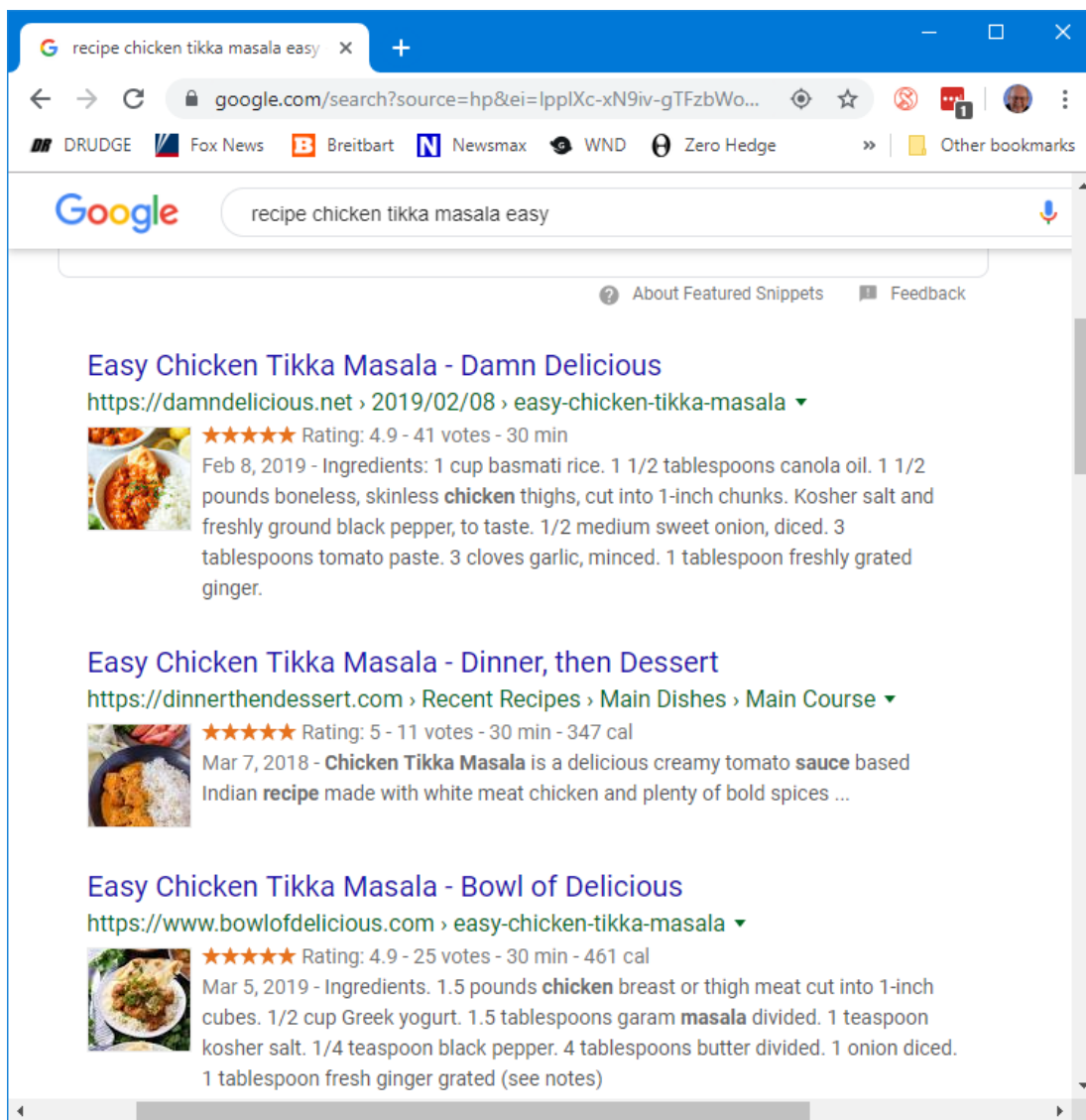
Often, especially for a preparation we haven’t done for a while, I like to fire up my favorite web search engine and get an idea of how a particular dish is prepared. Usually I’ll look over a dozen or so recipes to get a sense of what ingredients are fundamental to the dish, cooking time and temperature and any special techniques. Most dishes also involve a sauce or gravy. Once I know what it will take to make the

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dish, I note any unusual ingredients (e.g. fresh ginger, cilantro, coconut milk, scallions, tortillas) on the shopping list.

Now that I've got you salivating, let's look at a couple of real-world examples.

All recipe searches should start with RECIPE followed by your protein (or perhaps veggie), followed by the preparation. For example: RECIPE CHICKEN TIKKA MASALA EASY. Adding the qualifier EASY to your search homes in on recipes that don't have a lot of complex ingredients or preparation. Chicken Tikka Masala is actually a dish made popular in Britain, using Indian spices, chicken, tomato sauce and plain yoghurt. My search on Google turned up 3,260,000 hits – a few too many to read. But the top 10 or so provide all the essential information.



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Many of the resulting recipes have star ratings that help you home in on ones that produce the best results. Clicking on a link takes you to the website where the details of the recipe – ingredients and preparation steps are detailed. Many of the recipes also have calculators to let you adjust the ingredients to the number of portions you want to make. Many also have lots of photos or even videos to help less experienced would-be chefs to understand the preparation.

## **Next CAMUG Meeting, November 18**

**6 PM SIG: Grubhub and Uber Eats** by Carol Joliat

**7 PM Regular Meeting: What to Look for in a New PC** by Dennis Smith and **How to Choose a Chromebook** by Jan Bredon PLUS Nominations

## **CAMUG October 2019 Meeting Minutes**

*Dennis Smith presented “Using Lynda.com via the Stark County District Library” shortly after 6 PM. Lynda is a FREE online learning site available through the Stark District Public Library ([starklibrary.org](http://starklibrary.org)) and the Akron Summit County Public Library ([akronlibrary.org](http://akronlibrary.org)). Since most members live in Stark County, Dennis used their web site for the demonstration. Starting at the home page, he chose Databases A-Z and then Lynda.com. Lynda.com is now called LinkedIn Learning. You must have a Stark County library card, and you must create an account for Lynda.com. Dennis demonstrated how to search among the 6000+ courses on business, technology, art, and more topics. You can search for topics or look at the topics and subtopics under the Library section. Some topics are missing, like LibreOffice but others like Ubuntu are there. You can create a Playlist of courses that keeps track of unfinished courses and lets you resume where you left off.*

### **Regular Meeting ....**



President Dennis Smith called the 434<sup>th</sup> meeting of CAMUG to order at 7:03 PM on Monday, October 21, 2019, at Holy Cross Lutheran Church. There were 12 members representing 11 family memberships present. Since that is more than 15% of the membership, the meeting was declared valid. There were no visitors present.

The “On-Time Drawing” was held. The first number drawn was 11 for Susan Hill. Susan, who is a relatively new member, was present but has not yet received her badge so of course she couldn’t wear it. She was awarded the On-Time Drawing prize.

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Dennis reminded members of the renewal credit of \$5.00 for each new member brought in.

Dennis read an email from Mike Charney to the Board asking to resign from his duties in the club as a Director and Web Master due to a change in his family situation with his youngest daughter. Dennis said the club By-Laws require a new election for Director within 60 days. However, no one present could be persuaded to take the job. Jim Albright moved and Gerald Schaefer seconded a motion to table the election of Director and the motion passed.

Then Dennis discussed the Web Site. Mike's email mentioned that someone else could manage the site with something like WordPress. For the time being, however, Dennis will create a CAMUG site at [www.camugoh.blogspot.com](http://www.camugoh.blogspot.com) as demonstrated by the Geeks, Chris and Jim Guld, at our last meeting. Dennis will also change the link so [www.camug.com](http://www.camug.com) will be routed to the blogspot site.

**Featured Program:** One or More Lynda.com Courses by Dennis Smith

After briefly reviewing the information presented in the 6 PM presentation, Dennis chose to demonstrate **Windows 10 May 2019 Update New Features**. This class is about 29 minutes long and we watched the entire class. The following features were demonstrated:

- Install big feature updates when you are ready instead of automatically. You'll get a notification and need to go to the update page under Settings to start the update. Also you'll probably need to restart the computer at least once to complete the update. If you have not installed a feature update after 18 months, it will be installed automatically at that time. Smaller monthly updates will remain automatic
- See changes in the start menu and tiles.
- Set light or dark mode with more control.
- Configure quick actions in the action center. (Icon at bottom right of screen)
- Set Focus Assist for full-screen apps.
- Install fonts using drag and drop.
- Use sandbox to test system changes. This is available only in Windows 10 Pro or Windows 10 Enterprise.
- Understand the separation of Cortana and Search and using the new search interface.
- Uninstall bundled apps. Some can now be uninstalled and later reinstalled using App Store.
- Use the free online version of Office including Word, PowerPoint, etc.

When the course was finished, the playlist noted that and showed a course certificate. Then Dennis played a short segment, **Configuring Windows Update** from another

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Lynda course. Finally, Dennis briefly looked at other online resources available at the Stark County District Library.

**Q&A:** Gerald Schaefer asked about resetting the bios password on a laptop. No one knew the answer, so Dennis Googled it and found several answers on YouTube.

At 8:49 PM, Gerald Schaefer moved to adjourn the meeting, Bruce Klipec seconded the motion, and the meeting was adjourned.

Respectfully submitted  
Liz Milford, Secretary

## **CAMUG Board Meeting 10/28/19**

President Dennis Smith called the CAMUG Board meeting to order on October 28, 2019, at 7:00 PM at Panera Bread on The Strip in North Canton. Six of the seven Board members were present; therefore, the meeting was declared valid.

President	Present	Dennis Smith	<a href="mailto:president@camug.com">president@camug.com</a>
Secretary	Present	Liz Milford	<a href="mailto:secretary@camug.com">secretary@camug.com</a>
Treasurer	Present	Tim Elder	<a href="mailto:treasurer@camug.com">treasurer@camug.com</a>
Senior Director	Present	Jan Bredon	<a href="mailto:directors@camug.com">directors@camug.com</a>
Director	Present	Bernie Newsome	
Director		Michael Charney	
Director at Large	Present	Carol Joliat	
Web Page		Michael Charney	<a href="mailto:webmaster@camug.com">webmaster@camug.com</a>
Software and Book Review	Present	Jan Bredon	
Membership	Present	Carol Joliat	<a href="mailto:membership@camug.com">membership@camug.com</a>
Newsletter	Present	Liz Milford	<a href="mailto:newsletter@camug.com">newsletter@camug.com</a>
Computer 101	Present	Carol Joliat	
Ways and Means	Present	Jan Bredon and Madeline Burkes	

### **Approval of Minutes:**

**October Regular Meeting:** Jan Bredon moved to accept the October Regular Meeting Minutes as distributed. Tim Elder seconded the motion, and the minutes were approved.

### **September Board Meeting**

Carol Joliat moved that the September Board Meeting Minutes be accepted as printed in the newsletter. Jan Bredon seconded the motion, and the minutes were approved.

### **Reports:**

#### **Treasurer's Report:**

Liz Milford moved to accept the October Treasurer's Report as emailed. Jan Bredon seconded the motion, and the report was approved.

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**Membership Report:**

Carol Joliat reported that we have 25 member families. No one renewed this month. Four members are up for renewal.

**Discussion of November 18th Meeting**

**6 PM SIG: Grubhub and Uber Eats** by Carol Joliat

**7 PM Regular Meeting:** We will have nominations for officers for next year. Then Dennis Smith will talk about **What to Look for in a New PC** and Jan Bredon will talk about **How to Choose a Chromebook**.

**Old Business:** None

**New Business:**

**Resignation of Michael Charney (Director and Webmaster):** Liz moved that we accept Michael Charney's resignation as Director effective today. Bernie Newsome seconded the motion and the motion passed. Then the group discussed electing a new director to take Mike's place. Our by-laws state that a replacement must be elected within 60 days, so the election will take place at our December meeting, which is within 60 days. Other Board members will also be elected at that meeting. The Board discussed the possibility of changing the meeting night for the Board meeting from the fourth Monday to the fourth Tuesday, if that might make it possible for someone else to run for director.

Dennis has created a club website at [www.camugoh.blogspot.com](http://www.camugoh.blogspot.com). The site can also be reached from [www.camug.com](http://www.camug.com) which will transfer to the new site. Dennis is the administrator and board members are authors. Anyone can make comments.

**Christmas Party Planning:** Carol Joliat moved that we keep the Christmas Party the same as last year. Jan Bredon seconded the motion, and the motion passed. The club will hold a raffle at the party. There will be cash prizes of \$50, \$35, and \$15. In addition, each Board member will shop for at least two raffle prizes and be reimbursed for up to \$25 after presenting receipts to the treasurer. Each membership will receive one raffle ticket and a second ticket if bringing some food to share. Carol Joliat said the club will provide pop, coffee, and paper products.

**Motion to Adjourn:**

At 8:05 PM Jan Bredon moved to adjourn. Carol Joliat seconded the motion, and the meeting was adjourned.

Submitted pending Board approval,  
Liz Milford, Secretary



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## About CAMUG

Our club is open to anyone with an interest in computers and technology. A household membership is only \$20 per year, and a visitor can attend two meetings free without any obligation.

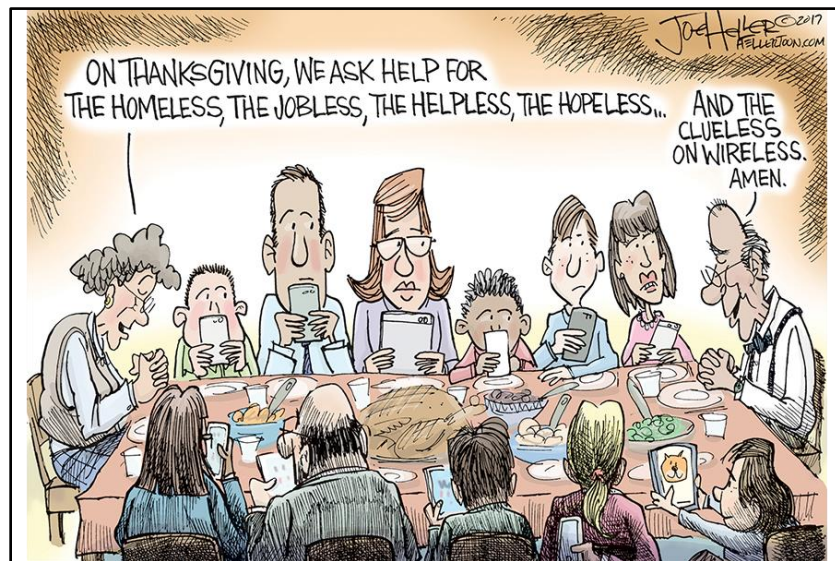
Monthly meetings are held the third Monday of the month at Holy Cross Lutheran Church, 7707 Market Ave. N in North Canton, Ohio. Computer 101 begins at 6:00 PM and the regular meeting begins at 7:00 PM. At every meeting, we cover topics ranging from cell phones to computers and from software to the internet and networking. Board meetings are held the fourth Monday of the month at 7:00 PM at Panera Bread on The Strip. Members are encouraged to attend the Board meeting although only Board members can vote.

The club mailing address is CAMUG, PO BOX 80192, Canton, OH 44708, and the website is <http://www.camug.com>.

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CAMUG is a member of the Association of Personal Computer User Groups. APCUG is a worldwide organization that helps groups devoted to the world of technology by facilitating communications between member groups and industry. It offers the Virtual Technology Conferences, provides newsletter articles, and has a list of speakers for club programs



## Membership Report

October 2019

by Carol Joliat



Total Family Memberships – 25  
Renewals: None



### CAMUG Monthly Summary

Tim W. Elder, Treasurer 10/21/19

	Cash	Checking	Total
<b>Start Balances</b>	\$60.00	\$1661.42	\$1721.42
Total Income	\$0.00	\$0.00	\$0.00
Total Expenses	\$5.00	\$34.37	\$39.37
Transfer	-\$0.00	\$0.00	\$0.00
<b>End Balances</b>	\$55.00	\$1627.05	\$1682.05

### CAMUG Officers

President: Dennis Smith 330-477-5893

Secretary: Liz Milford 330-896-4284

Treasurer: Tim Elder 330-875-2323

Senior. Director: Jan Bredon

234-564-0045

Director: Bernie Newsome 330-232-5083

Director:

Director at Large: Carol Joliat

Membership: Carol Joliat

Asst. Membership: Alice Lungociu

Web Page:

Newsletter: Liz Milford 330-896-4284

Tim Elder 330-875-2323

Computer 101: Carol Joliat

Ways and Means: Jan Bredon

Madeline Burkes

## List of Members

Name	E-Mail
Albright, Jim	jima
Bredon, Jan	janb
Brugger, Bruce	bruceb
Burkes, Madeline	madelineb
Chapman, Lila	lilac
Charney, Michael	michaelc
Conley, Rose	rosec
Dingman, Morris	morrisd
Elder, Tim	time
Hahn, Gary	garyh
Hill, Susan	susanh
Hirst, Gina	ginah
Hirst, Robert	roberth
Joliat, Carol	carolj
Klipec, Bruce	brucek
Kramer, Cecelia	ceceliak
Lungociu, Alice	alicel
McCoy, Myra	myram
Milford, Elizabeth	elizabethm
Newsome, Bernard	bernardn
Noyd, Hal	haln
Parker, Cherie	cheriep
Ponzani, Doris	dorisp
Schaefer, Gerald	geralds
Smith, Dennis	denniss
Wildson, Chad	chadw

To email members, use the email  
name above followed by  
@camug.com

**Visit our Home Page**

<http://www.camug.com>



**Need help  
with your electronic gadgets?**



Canton Alliance Massillon Users Group  
Computer Users Group

## **Assistance for users of all ages and skill levels**

When: 3<sup>rd</sup> Monday each month

Where: Holy Cross Lutheran Church  
7707 Market Ave. N  
North Canton OH

Time: 6pm Computer 101 (Less Advanced)  
7pm Main Meeting

Ongoing topics include:

Computers

Tablets

Digital photography

Smart phones

eBooks

Toys & Gadgets

[www.camug.com](http://www.camug.com)